

Updated 12/19/2024

Saint Joseph by-the-Sea Retreat House

2025 Retreats



Sea Isle City • New Jersey

A Sponsored Ministry of the Sisters of Saint Joseph of Philadelphia

We, the Sisters of Saint Joseph
are committed to our mission:

“ We
live
and work
so that all
people
may be
united
with God
and with
one
another. ”

Saint Joseph by-the-Sea
Retreat House
18 47th Street
Sea Isle City, NJ 08243



*For details
about
registration
see page 15.*

Please visit our website at www.ssjphila.org.

For SSJs:

Log into member's only,
click on Spirituality and
then Retreats

For all others:

www.ssjphila.org
Click on About Us, then Spirituality
and then Retreats

Send emails regarding reservations to: seaislereservation@gmail.com

NOTE:
For registration please use email only.

OUR MISSION

Saint Joseph by-the-Sea Retreat House in Sea Isle City, New Jersey, is a retreat house sponsored by the Congregation of the Sisters of Saint Joseph of Philadelphia to provide opportunities for varied retreat experiences in the hope of contributing to Spirit's "Unioning Love" alive in our world.

WELCOME!

Located within view of the majestic Atlantic Ocean, Saint Joseph by-the-Sea offers retreatants the quiet space essential for inner stillness. Respect for both personal and communal silence nourishes our receptivity to God's Spirit drawing us ever more intimately into Divine Love.

*Come away by
yourselves to a
deserted place
and rest a while.*

Mark 6:31

PROGRAM STAFF

Trudy Ahern SSJ

Maria McCoy SSJ

Dorothy Apprich SSJ

Maria Metzger SSJ

HOUSE ADMINISTRATOR

Teresa Shaw SSJ

TABLE OF CONTENTS

Mission Statement	1
Contact Information	2
Program Staff	4
Retreat Descriptions	5
Retreat Donations	6
Retreats by Directors	7
General Information	12
Reservation Directions	15

RETREAT DESCRIPTIONS

For You alone my soul waits in silence. (Psalm 62:1)

Silence is that place just before the voice of God. It is the void in which God and I meet in the center of my soul. It is the cave through which the soul must travel, clearing out the dissonance of life as we go, so that God who is waiting there for us to notice can fill us.

(Joan Chittister OSB—Illuminated Life)

We deeply respect **silence** in order to provide an atmosphere of reverence for each retreatant's encounter with God. Silence is observed throughout the house during all directed retreats, day and night, including meals.

Silent Directed Retreat

During a silent directed retreat a director meets with the retreatant each day to reflect on the interior movements of the retreatant's prayer and to discern with the retreatant the presence of the Spirit. It is suggested that one have some knowledge and experience of a shorter silent directed retreat prior to participation in an extended directed retreat.

Deepening Retreat

These silent retreats focus on a particular theme related to the spirituality of the Sisters of Saint Joseph. Retreatants will be offered material for personal prayer, reflection, and sharing to help deepen Spirit's movement within. The opportunity for occasional individual spiritual direction is available for those who desire it.

A Time of Sanctuary Retreat

These silent retreats provide a contemplative atmosphere where one can encounter the Divine within the silence, solitude, and space of the days. Spiritual direction is available if desired.

RETREAT DONATION

Three Full Days (Four-Nights) Retreat

Donation: \$ 475 (SSJ Phila: \$400)

Non-refundable deposit: \$ 50 (SSJ Phila: \$0)

Six Full Days (Seven-Nights) Retreat

Donation: \$ 775 (SSJ Phila: \$700)

Non-refundable deposit: \$ 100 (SSJ Phila: \$0)

Eight Full Days (Nine-Nights) Retreat

Donation: \$ 975 (SSJ Phila: \$900)

Non-refundable deposit: \$ 100 (SSJ Phila: \$0)

The *Spiritual Exercises* of St. Ignatius 30-Day Retreat

Donation: \$ 3,700

Non-refundable deposit: \$ 500 (SSJ Phila: \$0)



8

RETREATS BY DIRECTOR

F indicates a fully booked retreat

3 DAYS

DATES

February 20 - 24

April 10 - 14

December 11 - 15

(Four-Nights) **Silent Directed Retreats**

DIRECTORS

Dorothy Apprich SSJ

Angela Case SSJ

Claire McNichol SSJ

Maria Metzger SSJ

Dorothy Apprich SSJ

Mary Kay Flannery SSJ

3 DAYS

DATES

February 27 - March 3

(Four-Nights) **A Time of Sanctuary Retreat**

DIRECTORS

Christine Konopelski SSJ

Barbara Springer SSJ

6 DAYS

DATES

June 19 - 26

July 22 - 29

(Seven-Nights) **Deepening Retreats**

RETREAT

F *Deepening in Our Constitutions*

Deepening in Our SSJ Charism

DIRECTORS

Michelle Leshner SSJ
Liz Sweeney SSJ

Dolores Clerico SSJ
Maria McCoy SSJ

RETREATS BY DIRECTOR

F indicates a fully booked retreat

6 DAYS

(Seven-Night) **Men's Silent Directed Retreat**

DATES

July 13 - 20

DIRECTORS

Trudy Ahern SSJ

Maria McCoy SSJ

6 DAYS

(Seven-Nights) **Silent Directed Retreats**

DATES

March 6 - 13

March 20 - 27

March 31 - April 7

May 7 - 14

May 15 - 22

June 11 - 18

July 31 - August 7

October 17 - 24

Oct. 27 - November 3

November 5 - 12

November 14 - 21

December 2 - 9

DIRECTORS

Peg Conboy SSJ

Mary Ellen Higgins IHM

Dolores Clerico SSJ

Claire McNichol SSJ

Julie Fertsch SSJ

Barbara Springer SSJ

Trudy Ahern SSJ

Carol Beevers SSJ

Laura M. Arvin OP

Carol Beevers SSJ

Trudy Ahern SSJ

Maria McCoy SSJ

F Pat Hickey SSJ

Eileen Dorothy Maguire SSJ

Cathie Meighan SSJ

Barbara Springer SSJ

Carol Beevers SSJ

Mary Kay Flannery SSJ

Dolores Clerico SSJ

Mary Lynch SSJ

Claire McNichol SSJ

Janet Mock CSJ

Trudy Ahern SSJ

Maria McCoy SSJ

Request for a particular director will be honored when possible, but cannot be guaranteed.

8 DAYS

DATES

April 26 - May 5

June 30 - July 9

August 10 - 19

(Nine-Nights) **Silent Directed Retreats**

DIRECTORS

Dorothy Apprich SSJ Mary Lynch SSJ

Cathy Looker SSJ Peg Conboy SSJ

Anne McCoy SSJ Maria Metzger SSJ

30 DAYS

DATES

Sept. 3 - Oct. 6

The Spiritual Exercises of
St. Ignatius 30-Day Retreat

DIRECTORS

Dorothy Apprich SSJ Maria McCoy SSJ

The 30-Day Retreat according to the Spiritual Exercises of Saint Ignatius of Loyola will be offered on a personally directed basis. It is expected that the applicant has made several six to eight-day silent directed retreats and is receiving spiritual direction.

Request for application material due no later than March 1, 2025 – Limited Registration

For further information and application material contact:

Maria McCoy, SSJ

mmccoysj@gmail.com

GENERAL INFORMATION



GENERAL INFORMATION

Our Saint Joseph by-the-Sea Retreat House is located in Sea Isle City on the beach block of 47th Street, less than 100 feet from the promenade. Built in 2008, the 10-bedroom retreat house has three floors, an elevator and is handicap accessible. The beach is viewable from porches. Off-street parking is available for up to 12 vehicles. The house is located in a very walkable area. St. Joseph Church is five blocks from the house and offers Mass daily.

Arrival Day

4:00 PM

Rooms are available

5:30 PM

Supper followed by
opening of retreat

Departure Day

7:00 - 9:30 AM

Breakfast

11:00 AM

Room departure

Early Arrivals or Late Departures

Early arrivals or late departures cannot be entertained. Cleaning and maintenance is scheduled at these times.

Late Arrivals

If circumstances on the day of your arrival prevent you from arriving by 7:00 PM, please call us (609) 478-2250.

GENERAL INFORMATION

Guest Rooms: First, second and third floors; single occupancy. The house is handicap-accessible and has an elevator. Capacity is 10 guests.

Please Bring: personal toiletries.

Useful to Bring: Bible, journal, bicycle, mosquito repellent, sun screen, beach towel, beach chair, music player/earphones.

Provided: bath towels and bed linens.

Dress: Casual.

Beach: The house is on the beach block. Beach tags are available.

Telephone: (609) 478-2250. *Emergencies only.*

Dietary: If you have special dietary needs/requests, please bring any food you may need for meals and snacks. Unfortunately, we are unable to accommodate special dietary needs.

RESERVATION DIRECTIONS

FOR EACH RESERVATION PLEASE SEND:

1. Information about the **reservation form** is on page 2 of this brochure.

Electronic reservation is preferred.

Your **confirmation** will be emailed.

2. **Non-refundable deposit:** see the descriptions of the retreats on pages 10-12 for the amounts. Please send **only** the requested deposit **after** you receive confirmation of your reservation.

3. For Sisters of Saint Joseph please follow the congregational procedure. If appropriate, please send the entire additional fee after your retreat is confirmed.

4. Deposits apply to the total amount. Balances should be paid on arrival day by check only, **no credit cards**.

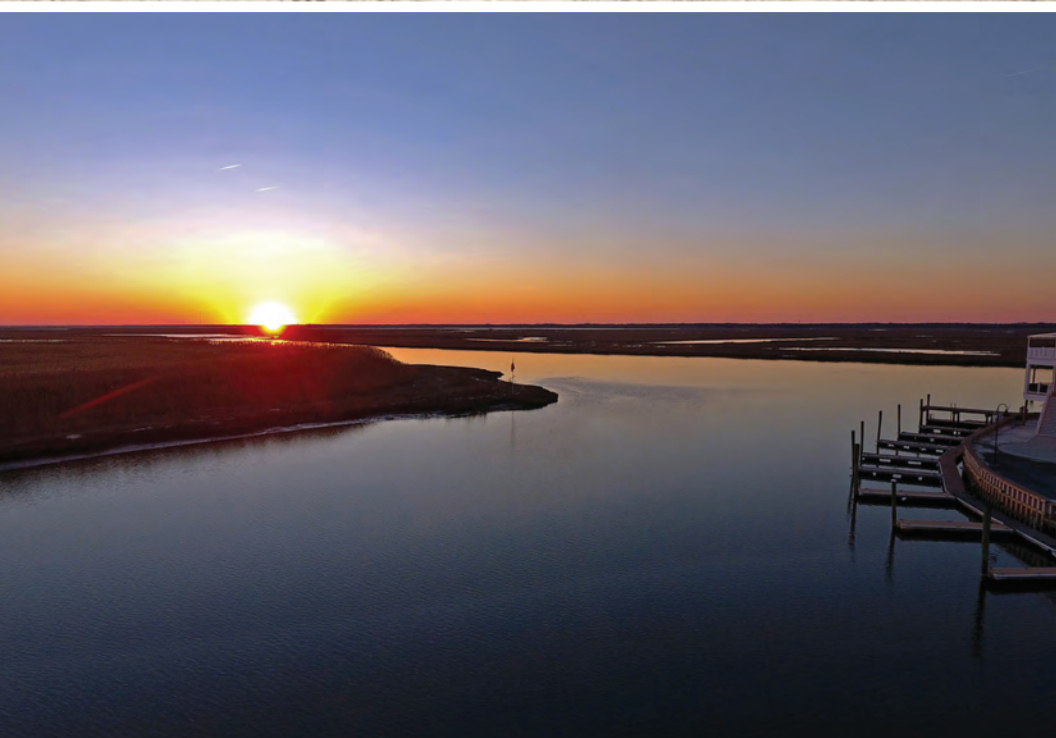
Make checks payable to:

5. Sisters of Saint Joseph

6. Once you receive confirmation of your reservation, **mail your deposit check to:**
Mount Saint Joseph Convent
Saint Joseph by-the-Sea Retreat House Reservation
9701 Germantown Avenue
Philadelphia, PA 19118









SAINT JOSEPH BY-THE-SEA

An invitation to unity

www.ssjphila.org